

**Pine Valley Central School
Mental Health Resources**

Crisis Support Services:	Contact Information:
Cattaraugus County OGH 24 Hour Crisis Hotline	1-800-339-5209
Chautauqua County Suicide Prevention and Crisis Hotline	1-800-724-0461
Crisis Text Line (text to connect with a volunteer Crisis Counselor) Free 24/7	Text "Talk" to 741741
24-Hour Crisis Services	716-834-3131
National Suicide Prevention Lifeline (24-hour help)	1-800-273-8255
Outpatient Providers:	Contact Information/Location:
Chautauqua County Mental Hygiene <i>(3 years and up)</i> 200 E. Third St., Fifth Floor, Jamestown 60 Franklin Avenue, Dunkirk	Jamestown: (716) 661-8330 Dunkirk: (716) 363-3550
Jamestown Psychiatric, PC 305 E Fairmount Avenue Jamestown, NY 14750	(716) 526- 4041
The Chautauqua Center 107 Institute St., Jamestown 319 Central Ave., Dunkirk	Jamestown: (716) 484-4334 Dunkirk: (716) 363-6050
The Resource Center <i>(3 Years and up)</i> 890 East Second St., Jamestown 186 Lake Shore Drive, West, Dunkirk	Jamestown: (716) 661-1590 Dunkirk: (716) 366-7660
UPMC Chautauqua Outpatient Mental Health Program 207 Foote Ave., Jamestown 306 Central Ave., Dunkirk	Jamestown: (716) 664-8641 Dunkirk: (716) 363-0018
Best Self Behavioral Health 2101 Spruce St., North Collins 625 Delaware Ave. #204, Buffalo 140 Pine St., Hamburg	North Collins: (716) 337-3706 Buffalo: (716) 882-3151 Hamburg: (716) 646-4991
Olean Counseling Center 1 Leo Moss Dr. #4308, Olean <i>(Unable to accept referrals at this time)</i>	(716) 373-8040
Salamanca Counseling Center 117 ½ Main St., Salamanca <i>(Unable to accept adolescent referrals at this time, are referring to Jamestown Psychiatric)</i>	(716) 945-5211

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<p>Catholic Charities 42 Dunham Ave., Jamestown 425 Main St., Dunkirk</p>	<p>Jamestown: (716) 484-9188 Dunkirk: (716) 366-3533</p>
<p>Zoar Valley Mental Health Center 49 South Water St., Gowanda <i>(West Senca office only is accepting adolescent referrals at this time)</i></p>	<p>(716) 532-2231 (716) 832-0720</p>
<p>Home and Community based support:</p>	<p>Contact Information:</p>
<p>Compeer <i>(Volunteer based program using mentors to help with those with a mental health diagnosis by peer support)</i> 97 Forest Avenue Jamestown, NY 14701</p>	<p>(716)-487-2956</p>
<p>Hospice Grief Support 20 W Fairmount Avenue Lakewood, NY 14750</p>	<p>(716) 338-0033</p>
<p>Hillside Children's Center <i>(Work with a credentialed family peer advocate to navigate mental health, care coordination and respite care)</i></p>	<p>(585)256-7500</p>