

MAY 2025 PINE VALLEY CENTRAL

Monday

Tuesday

Wednesday

French Toast w/sausage

Chef Salad -wheat bread

PB&J sandwich

cucumber slices

carrot sticks

Macaroni & Cheese

Thursday

carrots



Rotini w/meat sauce Chef Salad -wheat bread PB&J sandwich

> roasted cauliflower green beans

tossed salad Pizza Chef Salad -wheat bread

> green beans roasted cauliflower

PB&J sandwich

Meatball Dipper w/breadstick Chef Salad -wheat bread

PB&I sandwich carrot sticks broccoli

Turkey & Cheese Sandwich Chef Salad -wheat bread PB&J sandwich

> roasted cauliflower cucumber slices

Ham & Cheese Sub Chef Salad -wheat bread PB&J sandwich

> carrot sticks tossed salad

Mozzarella Sticks w/rice Chef Salad -wheat bread PB&J sandwich

Friday

Tangerine Chicken

w/rice Chef Salad -wheat bread PB&J sandwich carrots

celery sticks

Pizza Chef Salad -wheat bread PB&J sandwich

> corn green beans

Nacho-meat-cheese Chef Salad -wheat bread PB&J sandwich

> tossed salad celery sticks

Chicken Patty on Bun 20 Chef Salad -wheat bread PB&J sandwich

> french fries broccoli



Popcorn Chicken Chef Salad -wheat bread PB&J sandwich

> french fries broccoli

Burrito w/rice Chef Salad -wheat bread PB&J sandwich

> tossed salad celery sticks

Salisbury Steak w/bread Chef Salad -wheat bread PB&J sandwich

> corn mashed potatoes



Taco in a Bag Chef Salad -wheat bread

PB&L sandwich

tossed salad corn

Chicken Nuggets Chef Salad -wheat bread PB&J sandwich

> cucumber slices french fries

Chicken Fajita Wrap w/rice Chef Salad -wheat bread PB&J sandwich

> carrots broccoli

Pizza Chef Salad -wheat bread PB&J sandwich

> roasted cauliflower corn

w/bread Chef Salad -wheat bread PB&J sandwich

roasted cauliflower carrots

Spaghetti & meat balls Chef Salad -wheat bread PB&J sandwich

> carrot sticks green beans

Cheeseburger on Bun 70 Chef Salad -wheat bread PB&I sandwich

> green beans carrots

Lunch menu grades 6th through 8th 1% and fat-free milk as well as, fresh and canned fruit are offered daily. Menu subject to change

