

School Health & Wellness Advisory Committee

11-4-15 Meeting Notes

The School Health & Wellness Advisory Committee meeting began at 4:35 PM with eleven committee members in attendance: Laurie Beaton, Terry Brown, Kayla Corsaro, Heather Gregory, Kelley Ivett, Jill Kenney, Rebecca King, Kerry Mihalko, Scott Payne, Nancy Stock and Kelly Zimmerman. We welcomed new high school student representatives, Oliver Kohler and Christin Howard, as well as our new elementary school student representative, Collin Gregory. Mr. Scott Payne and Mr. David Kohler also attended.

Because of budget constraints, the publication of the Pine Valley Newsletter has now been reduced to four times a year. Kerry Mihalko and Kelley Ivett will take suggestions for our committee's submission in the next newsletter which will be published in January 2016. Kerry will write future articles and forward them to Debbie Hooker.

Kelley Ivett and Heather Gregory demonstrated the committee's webpage that was designed under the Community Section of the Pine Valley website. <http://www.pval.org/domain/165> In order to remain in compliance with the New York Nutrition Program, Kelley has posted the District's Wellness Policy, as well as meeting notes in this section. Suggestions for the page can be forwarded to Kelley.

Mr. Scott Payne is checking into the addition of the UB Dental Program for the Pine Valley campuses. He will be presenting information to the Board of Education at the December 3, 2015, meeting. To comply with the needs of the program, the district will need to provide wireless access points for the Dental Van. The projected start date, if a BOE resolution is passed, is slated for spring 2016.

Terry Brown spoke about the Late Day Café. She has new information to apply for reimbursement for this program which will offer late day snacks and/or meals to students. Terry stated that guidelines state that our district needs to be at 50% Free & Reduced to qualify for reimbursement. Kayla Corsaro and Kelley Ivett will work on creating an interest survey for students to get an idea of how many would utilize this and what foods they would like to have offered. Scott Payne and Terry will meet to discuss the information and proceed from there.

Kerry Mihalko spoke about the Chautauqua County Wellness Survey that is forthcoming. This will replace the current survey, last taken in 2008. The Innovate, Collaborate, Educate 8 initiative may possibly cover the cost of a survey for us. Creating Healthy Schools and Communities is part of ICE 8. Brady Deuink, Healthy Schools Project Coordinator, is employed by Chautauqua County Health Network and may be able to offer us information about the survey.

Kayla Corsaro spoke with Stacy Chase regarding the Fitness Center hours and the availability for student use. Because of budget constraints, Stacy is strictly limited to the current hours and cannot add staffing to accommodate after school student use.

Kayla also discussed the PEP Grant. Kayla has been monitoring this, but applications are not being accepted at this time for the Grant. Scott discussed the need for a grant writer for a grant of this type and mentioned that the Physical Education Department may want to start allocating funds for a grant

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writer, which can be very costly, even through the use of BOCES grant writers. Also, preparing data in advance for this grant could be helpful because of the small window of time when applications are accepted. Laurie Beaton mentioned that we had applied for this many years ago and the incredible amount of work involved in writing it, but we did not get awarded any grant money at that time. Kayla will continue to pursue this.

Laurie has been running The American Dairy Association's Fuel up to Play 60 program in the elementary building. She plans to apply for the grant next year. There are many things this grant money could help with. Activity components that were mentioned are creating a "Brain Gym" room to assist students in testing readiness and meaningful outside play equipment.

Custodians were concerned about the condition of eyewash stations in the district. Maintenance and grounds would be in charge of these due to insurance audits. Kelley will talk to Tim Brunswick.

The next School Health & Wellness Advisory Committee meeting is set for March 2, 2016, at 4:30 PM. If Terry gets word about the implementation of the Late Day Café, we will call another meeting prior to the March 2nd date.

The meeting adjourned at 5:17 PM.